

Reverse Advent Calendar

Each day of December add an item to the box – bring along to church on Christmas Eve and we will deliver it to the foodbank.

Stick this to the front of your box

Tick off a number when you put an item in the box

1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24

Things to go in your box:

- Tinned fruit and vegetables
- Tinned meat – casserole, curry, meat bolognaise, meatballs
- Rice and pasta (small packets)
- Tea, coffee, hot chocolate, sugar
- Biscuits – sweet or savoury
- Breakfast cereals and long life milk
- Ketchup, brown sauce, mayonnaise
- Toiletries – shampoo, body wash, toothpaste, deodorant
- Feminine hygiene products
- Washing powder/liquid
- Washing up liquid
- Gravy granules, stock cubes.

Consider putting in the kinds of things YOU use regularly, rather than just basic brand items – think about how you can be generous to others who are in need.

Do NOT include:

- Anything perishable (fresh fruit, veg, dairy, eggs or meat)
- Anything alcoholic
- Family size stuff – please keep portion size small (1-2 people)
- Anything past the ‘use by’ date.

Please bring all 24 items (in a bag rather than a box) to one of your local churches on Christmas Eve/Day – maybe when you come along to a service:

- St Peter’s Church
- Littleover Methodist Church
- Littleover Baptist Church
- The Haven Christian Centre
- St Andrew’s Church Blagreaves
- Newmount Methodist Church Blagreaves Lane
- Or to The White Swan pub.